

STAFF PROFILE 2025			
(Please mention the qualification relevant to the post starting from Plus 2, Graduation, Post Graduation and Professional Qualification)			
1	Name (Block Letters)	ARSHA V M	
2	Name of father	PRAVEEN C	
3	D O B	05/08/1998	
4	Aadhar Card No	203296636120	
5	Whether SC/ST/OBC/other Category	OBC	
6	Designation	PHYSICAL EDUCATION - GUEST	
	Educational Qualification	Marks	%
7	Plus Two	1123	71
8	Bvoc .Logistics Management	2850	84
	Professional Qualifications		
9	BPEd	2239	77.21
10	MPed	2564	80.13
11	NET	NA	
12	Ph.D.	NA	
13	Subject of Teaching	PHYSICAL EDUCATION	
14	Date of joining in this Institution	28-01-2025	
15	No of years of Teaching Experience in this college	3 MONTH , 2 DAYS	
16	No of years of Teaching Experience in other institutions	7 MONTHS , 24 DAYS	
17	Total No of years of Teaching Experience	10 MONTHS , 2 DAYS	
18	Address for Correspondence	GRANAM , PARAMBHUKKARI , P.O MURINGERI , KANNUR , KERALA , 670612 (PIN)	
19	E mail & phone No	arshapraveen98@gmail.com 9526698129	
2	Date :	Signature :	

BIO- DATA

Personal Information

1 Name (in Block Letters) : ARSHA V M
2 Father's /Mother's Name : PRAVEEN C
3 Age and Date of Birth : 27 YEARS, 05/08//1998
4 Sex : FEMALE
5 Nationality : INDIAN
6 Religion and Caste : HINDU/ THIYYA

7 Residential Address : GRANAM , PARAMBHUKKARI ,
P.O MURINGERI , KANNUR ,
KERALA , 670612 (PIN)

Educational Qualifications with year of passing &% of Marks

Academic Qualifications	Board/University	Year	%	Class/Division	Subjects
SSLC	State Board	2014	70.0	Distinction	General subjects
Plus Two	State Board	2016	77.0	First Class	Physical Education Physics Chemistry Biology
Graduation Bvoc.Logistics Management	Mahatma Gandhi University Kottayam	2019	84.0	First Class with Distinction	Logistics Management Warehouse Management Human Resource Management Financial Management
BPEd	University of Calicut	2022	77.2 1	First Class with Distinction	Physical Education
MPED	University of Calicut	2024	80.1 3	First Class with Distinction	Physical Education

Area of Specialization and interest : Physical Education
Teaching Experience : 9 Month , 5 days
Experience in Research and Guidance : NA

PROFESSIONAL ACHIEVEMENTS

1.Represented India for 5th Asian indoor and martial arts games(Jujitsu) held at Turkmenistan - 2017

- 2.Represented MG University All India interuniversity Taekwondo Participation in 3 Consecutive year
- 3.Represented MG University All India interuniversity Wrestling Championship
- 4.Intercollegiate Silver Medal in Taekwondo Poomsae Championship (Calicut University)
- 5.Intercollegiate Silver Medal in judo Championship (MG University)
- 6.National medalist in Kurash
- 7.National medalist in Jujitsu
- 8.1st Dan Black Belt in Taekwondo
- 9.Technical Committee Member (TAE)
- 10.State Referee in Taekwondo
- 11.Kerala Authorised Instructor and TFI approved coach in Taekwondo
- 12.Completed Basic Life Support and Disaster Management Course
- 13.Completed ASAP - Fitness Trainer Course (Level 4)

Information Regarding Research At MPED Level				
Sl.no	Name of the candidate	Year	Name of the institution in which research is carried out	Title of the dissertation/thesis
1	Arsha V M	2024	Government College Of Physical Education	A Study On Life Satisfaction And Stress Management Among Employees Recruited Through Sports Quota And Non-Sports Quota Of Kerala State Electricity Board

PAPPER PRESENTATION

- 1.National Seminar On Yoga For Wellbeing - 2024
- 2.National Seminar On Emerging Trends In Sports Medicine And Allied Sports Science - 2023

Declaration

I **ARSHA V M**, do hereby declare that the information/documents provided by me are true, verifiable and correct to the best of my knowledge and belief.

PLACE :
DATE :

ARSHA V M
PHYSICAL EDUCATION

